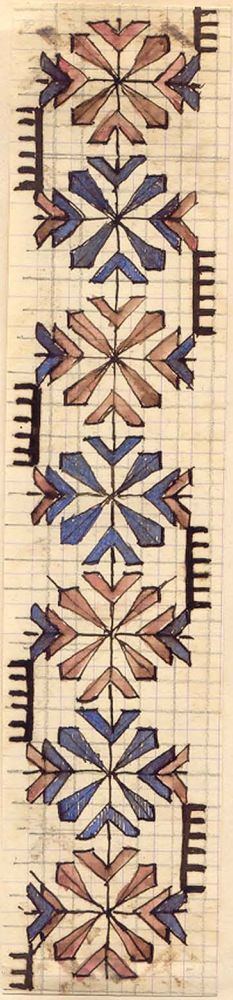

Ingvåll dröz
Ponoron